

Chat Example: Suicide - Believer

COACH - 12:03 AM

Hi James

James are you there

JAMES - 12:04 AM

yes

COACH - 12:04 AM

So what's up with you

JAMES - 12:04 AM

i have a sharp object and i want to tear myself and bleed to death

COACH - 12:05 AM

And why would you want to do something like that

JAMES - 12:05 AM

because i have no one

COACH - 12:05 AM

You have me right now

JAMES - 12:06 AM

what can you do to help

i have so much burdens

COACH - 12:06 AM

I can listen maybe I can help give you some advice I can pray for you I can talk to you and I can care about you

JAMES - 12:06 AM

and no one sees them

COACH - 12:07 AM

God sees them

JAMES - 12:10 AM

There's so much going on. I can't elaborate because i can't remember. Its so overwhelming. Everyone turns their back on you when things go bad. Even people you thought were loving you and cares about you. They vanish during tough times. They behave like its nothing. I have some addictions as well and i almost suicided 2 years ago. People dont know that and when life happens to attack they turn their back and all those depressing memories come back to you and you start to question yourself on why you didnt kill yourself when you had the chance. I dont have any hope. My life is ruined. I really dont know how to go on.

i typed something

where is it

COACH - 12:11 AM

I didn't see anything

JAMES - 12:11 AM

yes its there

COACH - 12:11 AM

I saw it finally

Sounds like you've been betrayed by some friends and some people that you cared about sounds like people weren't there for you when you needed them is that true

JAMES - 12:13 AM

yes

COACH - 12:13 AM

You know who will never betray you and never leave you is Jesus I had to learn that myself I gave my life to him and he's never given up on me he's never betrayed me he's never let me down it's never not been there for me. To you, who is Jesus?

JAMES - 12:14 AM

but my life is ruined.

everything ive worked for i lost

yesterday i failed the most important exam

im done

and now all this

i dont see any other path other than death

COACH - 12:14 AM

When you're on the bottom that's the time to look up and Jesus is maybe the only one that can save you and help you maybe you should cry out to him and see what he will do.

JAMES - 12:15 AM

i did!

i cried all night

to him

COACH - 12:15 AM

Maybe that's why you've connected with me

JAMES - 12:15 AM

and now as well

i just wanted someone to hear it

COACH - 12:15 AM

Maybe he was answering your Prayer by putting us together tonight
God works through his people to help others to reach out to them

JAMES - 12:16 AM

ig. but i dont feel so good

i have odne bad things that i regret

but i dont have the strength to ask for forgiveness

i can barely type

COACH - 12:16 AM

No I don't think you are feeling that good right now but have you ever thought of just surrendering your life saying to God

"I don't know what else to do I don't know where else to go so I'm crying out to you and giving my life to Jesus and I'm asking you to meet me to talk with me to do whatever you know I need to have done."

Would you mind telling me about your relationship with Jesus?

JAMES - 12:17 AM

i did it all

i cant hear him

i used to

COACH - 12:17 AM

You're hearing him through me

He wants to save you and he wants to help you and he wants to give you an abundant life if you let him but there's some things that you have to do

JAMES - 12:18 AM

what more

ive done everything

COACH - 12:18 AM

Have you ever heard the Gospel of Jesus Christ? Who is Jesus in your life?

JAMES - 12:19 AM

ive testified to my friends , ive read the bible , ive prayed , ive been confirmed, ive accepted jesus as well

ive done it all my friend

COACH - 12:19 AM

You said you've been confirmed are you Lutheran or Catholic

JAMES - 12:19 AM

evangelic

COACH - 12:19 AM

Have you gone to him and ask forgiveness for your sins and ask him to save you and ask him to help you with all of your heart and all of your soul?

JAMES - 12:20 AM

yes

COACH - 12:20 AM

Okay do you have a Bible James

JAMES - 12:21 AM

here's my prayer everyday- Lord help me to love you more than anything. To repay the love that was on the cross

yes i do

COACH - 12:21 AM

Do you read it at least two or three chapters every day James

JAMES - 12:21 AM

20 verses

and i litsen to a sermon as well

COACH - 12:22 AM

Here's what I think you should do I think you should get your Bible tonight get on your knees and tell the Lord that this is the end for you that this is the end of the line for you that it's now or never and then I would read the gospel of Saint John and when I ask the Lord to visit you and to deliver you and to save you and to wash you in his love so

that you sense his presence more than you've ever sensed it and feel it more than you've ever felt it and let him love you tonight

JAMES - 12:23 AM

ok

COACH - 12:24 AM

So are we done have you gone

JAMES - 12:24 AM

i think the devil wants me to kill myself because whatever the lord has in store for me is so near

Its like Job

COACH - 12:26 AM

Jesus said the devil wants to steal kill and destroy so why would you want to do what he wants you to do when you know the Lord died on the cross for your sins and to save you because he loves you so why would you want to give all that up

JAMES - 12:26 AM

to persevere is what matters. to trust his proimises

Yes. so absurd of me

COACH - 12:27 AM

Not just absurd but eternally destructive

JAMES - 12:27 AM

yes

COACH - 12:27 AM

The devil hates you and he wants you to die he doesn't want God to be able to use you he doesn't want God to be able to transform you into his likeness he doesn't want the Lord to be able to use you to help others to come to Christ you need to forget about yourself for a while surrender your life completely to Christ ask him to completely take over and whatever he says do do it read the Bible every day pray spend time alone with the Lord and ask him what he would have you

do and He will visit with you and talk to you and tell you through his word mostly

You can always come on this site and ask for me and we can continue to talk and we can pray together and we can talk about the word and the Lord together my name is Nancy C you need to ask for me when you come on

JAMES - 12:29 AM

oh okay

thankyou

COACH - 12:30 AM

You're my brother and I care about you and God cares about you more than I ever will and he loves you deeply and he doesn't want you to die he wants you to live that's why I died on the cross to give you eternal life here and in the future so remember that when you're tempted to think that everything is lost and everything is gone sometimes that's your best place to be is when everything else is gone and you realize that Christ is the only thing you really need and the only thing you really have

JAMES - 12:31 AM

Yes , praise god

COACH - 12:31 AM

Remember everything in this life is temporary everything everything dies everything goes away everything vanishes but God his word his Spirit his love for you his presence with you and his church Never Dies so when you rather be a part of that then the world

JAMES - 12:32 AM

ok

COACH - 12:32 AM

As far as those people that have betrayed you and acted like they didn't care about you forgive them pray for them and be a friend to them whether they're a friend to you or not that's what Christ would do

JAMES - 12:33 AM
okay

COACH - 12:33 AM
He was betrayed by his own family and his Apostles he was called names he was rejected he was slurred he was slandered and he was the most loving gentle kind caring person that ever lived so you're in good company

JAMES - 12:34 AM
yess

COACH - 12:35 AM
Good night James come on back and talk with me okay

JAMES - 12:36 AM
Good night. Thankyou!

God bless you

COACH - 12:36 AM
You too

Help James to realize that you love him and you're with him and to never think of suicide again in Jesus name