

Chat Example: Masturbation - Woman

COACH - 3:59:41 pm -
Hello Sally

SALLY - 3:59:51 pm
Hello Coach! It's nice to meet you.

COACH - 4:00:01 pm -
Thank you. Nice meeting you as well

How are you doing today?

SALLY - 4:00:40 pm
I'm doing okay. I've just been struggling with my addictions. Seeking help and prayers. How are you?

COACH - 4:01:03 pm -
I am doing very well at the moment

I appreciate you reaching out because you have an area you are not happy with

Do you want to tell me more?

SALLY - 4:03:43 pm
Well, for starters I'm married. I have always (I don't know how to put this in a less graphic term.) Masturbated since I was very young. I know that the bible doesn't fully say that it's a sin. I also know that I feel wrong towards myself, god, jesus, and my husband when I do it. I notice when this starts to happen,

I don't even want it, but I can't stop myself. I've prayed about it multiple times and asked for forgiveness but it isn't stopping.

COACH - 4:05:01 pm -
Thank you for your honesty

SALLY - 4:05:54 pm
You're welcome. I'm more or less wondering if there's any prayers, any advice you can give to help me with this repetitive sin?

COACH - 4:06:17 pm -

This is a common area that I talk to people about a lot. You are not alone. Before I share my thoughts on this subject may I ask you a spiritual question.

Knowing more about your spiritual journey will help me

SALLY - 4:07:07 pm

Definitely!

COACH - 4:07:11 pm -

Thank you

What do you think God requires for a person to go to heaven one day?

SALLY - 4:08:55 pm

I think he requires honesty and sacrifice. Not in a bold or brutal way. I think he needs us to sacrifice our desires and wants to make room for him in our life. I don't necessarily think you need to be saved (though I am). Really, I think you just need to be a good and honest person that truly believes in the power of God and Jesus.

COACH - 4:09:29 pm -

Thank you for explaining. What does being "saved" mean to you, Sally?

SALLY - 4:11:53 pm

Cleansing your past sins and handing yourself over to God. I think it's a very touchy subject for most. But, though I believe you do have to live with God in your best interest and be a good person, you don't have to have a preacher tell you that your sins are cleared and you're basically brand new. I like to think people who aren't saved die and go to heaven like babies, teenagers, etc.

COACH - 4:12:29 pm -

If the Bible says something different than that, would you want to know it?

SALLY - 4:12:43 pm

Absolutely.

COACH - 4:12:55 pm -

I appreciate you, Sally!

The truth of the matter concerning salvation is that all mankind has a

problem. All of us have messed up along our journey and missed God's standard for our behavior

Do you know what God's standard is for us human beings according to the Bible?

(Standard of behavior)

SALLY - 4:16:00 pm

I haven't fully read the bible, only some. But, I think his standard for our behavior is don't lie, don't cheat, don't steal, don't kill, don't get greedy, and don't seek revenge. Just trust in him and he will get you where you need to be.

COACH - 4:17:12 pm -

You covered a lot of ground there. To sum up God's standard for our behavior you could say "sinless perfection". That is because God is holy. He cannot connect with us sinful humans.

Here is what Romans 3:10 says: 10 As the Scriptures say, "No one is righteous not even one. Romans 3:10 New Living Translation

That cause us a problem. God cannot overlook our sin. We can't undo it by trying harder to be good. We are stained by it.

I have one more problem to describe for you and then I have some good news that will help with your addiction. Are you ready?

SALLY - 4:19:06 pm

Yes!

COACH - 4:19:17 pm -

You are so sweet!

Anyway, the problem with our sin is that it separates us from a holy God. If we leave this world stained by our sins of which we are all guilty, we will REMAIN separated from God for all eternity.

Here is what the Bible says in Romans 6:23

23 For the wages of sin is death

How would you define "wages"?

SALLY - 4:21:17 pm

The price to pay. Our Karma.

COACH - 4:21:41 pm -

When I think of wages I think of a paycheck. It is what we earn, right?

SALLY - 4:21:57 pm

Technically, yes.

COACH - 4:22:21 pm -

So, that verse says what we EARN for our sin is death. The question is what does death mean?

It is talking about both our physical death (we all die) and spiritual death

Do you know what spiritual death is?

SALLY - 4:23:00 pm

No.

COACH - 4:23:34 pm -

Spiritual death is being separated from God for all eternity in a terrible place of punishment the Bible calls hell.

God does NOT want that for any of us. That is why He provided a rescue plan

That is the good news I mentioned earlier

Has anyone ever described God's rescue plan for you before?

SALLY - 4:24:43 pm

I don't think so.

COACH - 4:24:56 pm -

Would you like me to describe it for you?

SALLY - 4:25:30 pm

Yes!

COACH - 4:26:39 pm -

There are 2 reasons God's rescue plan is important for you. One, Sally,

is by receiving it you will be guaranteed heaven one day. And, two, it will give you a new power to combat sinful behavior such as masturbation
So here it is

God's rescue plan is Jesus. Here is why and how ...

Jesus is actually God

He left heaven and came to earth in order to PAY the required DEATH PENALTY for YOUR sin as a SUBSTITUTE when He died on the cross. God put your sin on Him. He paid the bill you owe.

He was buried and 3 days later rose from the dead

God says everyone who repents of their sin and receives His rescue plan (Jesus) will have ALL their sin forgiven AND removed. They will NEVER be separated from God again. Not ever!

Heaven is guaranteed

AND God will indwell them with His Holy Spirit. That means God living on the inside of You to give you a supernatural power over sinful urges

What do you think of that?

SALLY - 4:31:30 pm

I think it's wonderful but I've always thought of Jesus as a separate being that God created. I don't fully understand how he can be God. I pray to both every night, wouldn't that mean I'm praying to God twice?

COACH - 4:32:15 pm -

Would you like me to share how the Bible describes Jesus?

SALLY - 4:32:22 pm

Yes.

COACH - 4:33:06 pm -

1 In the beginning was the Word, and the Word was with God, and the Word was God. 2 He was in the beginning with God. 3 All things were made through Him, and without Him nothing was made that was made. John 1:1-3

So you might ask, who is the Word?

14 And the Word became flesh and dwelt among us, and we beheld His glory, the glory as of the only begotten of the Father, full of grace and truth. John 1:14

5 Let this mind be in you which was also in Christ Jesus, 6 who, being in the form of God, did not consider it [b]robbery to be equal with God, 7 but [c]made Himself of no reputation, taking the form of a bondservant, and coming in the likeness of men. 8 And being found in appearance as a man, He humbled Himself and became obedient to the point of death, even the death of the cross. 9 Therefore God also has highly exalted Him and given Him the name which is above every name, 10 that at the name of Jesus every knee should bow, of those in heaven, and of those on earth, and of those under the earth, 11 and that every tongue should confess that Jesus Christ is Lord, to the glory of God the Father. Philippians 2:5-11

Here is something else you might find interesting since we just celebrated Easter

The Bible tell us the reason the religious leaders had Jesus killed is because He said He was God.

Does this surprise you a little?

SALLY - 4:38:48 pm

Definitely! Why would they want to kill him if they truly trusted God? They should be celebrating.

COACH - 4:39:40 pm -

There are a lot of reasons but to summarize the gospel accounts in the Bible they were fearful of losing their power if people followed Jesus

So do you know how a person can receive God's rescue plan?

SALLY - 4:40:31 pm

Repent and accept God (Jesus) in your life?

COACH - 4:41:04 pm -

Yes! It cannot be earned by being good or trying harder. Being religious won't get it either. Instead, God offers it as a free gift. Check out Ephesians 2:8-9 from the Bible:

8 God saved you by his grace when you believed. And you can't take credit

for this; it is a gift from God. 9 Salvation is not a reward for the good things we have done, so none of us can boast about it. Ephesians 2:8-9 New Living Translation

Earlier you hoped that people who didn't receive God's rescue plan might go to heaven. Let me share a famous Bible passage with you and I will ask you a question afterwards

16 God loved the people of this world so much that he gave his only Son, so that everyone who has faith in him will have eternal life and never really die.

17 God did not send his Son into the world to condemn its people. He sent him to save them! 18 No one who has faith in God's Son will be condemned. But everyone who doesn't have faith in him has already been condemned for not having faith in God's only Son. John 3:16-18 Contemporary English Version

What do you think about that?

SALLY - 4:44:13 pm

Those who don't have faith don't get into heaven.

COACH - 4:44:20 pm -
yeah

Would you like to see God's instructions for receiving His rescue plan?

SALLY - 4:45:08 pm

Yes.

COACH - 4:45:13 pm -

9 If you openly declare that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. 10 For it is by believing in your heart that you are made right with God, and it is by openly declaring your faith that you are saved. Romans 10:9-10 New Living Translation Notice verse 9 where it says "declare that Jesus is Lord". That is a commitment to repent of one's sins and give Jesus control of their life.

Would you like to receive God's rescue plan today?

SALLY - 4:46:36 pm

Yes.

COACH - 4:47:08 pm -

That is awesome! I will be glad to lead you in prayer to do that. But I have 2 questions first. Is that okay?

SALLY - 4:47:24 pm

That's fine.

COACH - 4:47:55 pm -

Do you believe Jesus died on the cross to pay for your sins and that He rose from the dead 3 days later?

SALLY - 4:48:05 pm

Absolutely.

COACH - 4:48:24 pm -

Are you ready to humble your heart today and let Him become the Boss of your life?

SALLY - 4:48:41 pm

Yes.

COACH - 4:49:01 pm -

Then I think you should tell God what you just told me

Here is how our chat prayer will work

I will type your prayer line by line. Type each line back to me BUT say it to God from your heart."

Are you ready?

SALLY - 4:49:44 pm

Yes.

COACH - 4:49:52 pm -

God, I know I have sinned. Please forgive me and wash me clean

SALLY - 4:50:25 pm

God, I know I have sinned. Please forgive me and wash me clean.

COACH - 4:50:33 pm -

I believe Jesus died on the cross for my sin and rose from the dead.

SALLY - 4:51:10 pm

I believe Jesus died on the cross for my sin and rose from the dead.

COACH - 4:51:19 pm -

I give You control of my life today

SALLY - 4:51:40 pm

I give You control of my life today.

COACH - 4:51:48 pm -

I receive Jesus Christ as my Lord and Savior

SALLY - 4:52:19 pm

I receive Jesus Christ as my Lord and Savior.

COACH - 4:52:27 pm -

Thank You for saving me

SALLY - 4:52:44 pm

Thank You for saving me.

COACH - 4:52:50 pm -

In Jesus' name I pray. Amen.

SALLY - 4:53:08 pm

In Jesus' name I pray. Amen.

COACH - 4:53:26 pm -

Congratulations and welcome to the family of God, Sally!!

The Bible tells us that the angels in heaven are rejoicing right now.

They are having a party on account of you!

Look what the Bible says

12 But to all who believed him and accepted him, he gave the right to become children of God. John 1:12 New Living Translation

You believed and then you accepted!

SALLY - 4:55:05 pm

Can i ask something?

COACH - 4:55:13 pm -
absolutely

SALLY - 4:55:42 pm

Why don't I feel any different? I mean I figured I would feel a sense of relief or something like that.

COACH - 4:56:26 pm -

Feelings have nothing to do with it. When I prayed to receive Jesus 50 years ago, I felt nothing. It is not about feelings. It is about the word of God. You have obeyed the word of God and God will keep His promise to you. But having said that, things are going to begin changing for you

Check out this Bible verse that tells you about that change that is coming
17 This means that anyone who belongs to Christ has become a new person. The old life is gone; a new life has begun! 2 Corinthians 5:17 New Living Translation

What do you think about that?

SALLY - 4:58:16 pm

It sounds wonderful.

COACH - 4:58:22 pm -

Yes!

The Bible tells us that God has indwelt you with His Holy Spirit and sealed you for Himself. That is where the power will come to make changes in your life

I wish I could say "Hey Sally you will never masturbate again. You will never sin again", but that is not true

You will still sin until you take your last breath on earth. BUT, as you begin to grow spiritually by spending time in God's word and prayer God will begin changing you from the inside out to be more like Jesus

I did not receive Jesus until the age of 26. I knew NOTHING about the Bible or church. Nothing. I was a blank slate. God began little by little teaching me and revealing Himself to me. It has been an awesome journey

Do you have a Bible?

SALLY - 5:02:31 pm
Yes. I have 5 to be exact.

COACH - 5:02:43 pm -
Sweet! Do you have a Bible app for your phone?

SALLY - 5:03:18 pm
Yes. It shows me daily bible verses. Im not too good at keeping up with it though.

COACH - 5:03:54 pm -
Maybe you will now get better since You have God on the inside of you. I recommend being proactive

Here is what I mean by that. I stumbled along in my new journey with the Lord for several years just reading my Bible hit and miss. Then God got my attention

After a long day at work I fell into bed one night and I started telling God I was sorry I just did not have time to read my Bible and pray that day. Then God spoke to me. Not audibly but louder than that. It was a clear as could be. Here is what He said

“Friend you have time for whatever you want to have time for”

You know that was true. So starting the next day I set my alarm for 30 min earlier and I had a set aside time that was for me and the Lord to read His word and talk to Him. That has stuck for 40+ years and it gets sweeter every day

I suggest you make an appointment time for you and the Lord

Does that make sense?

Are you still with me, Sally?

I have a promise from the Bible for you and I want to pray for you

13 The temptations in your life are no different from what others experience. And God is faithful. He will not allow the temptation to be more than you can stand. When you are tempted, he will show you a way out so that you can endure. 1 Corinthians 10:13 New Living Translation

Father, I lift Sally up to You. I know You love her with an unquenchable love and that Your plans for her life are good

Thank You for saving her and making her Your child. Please increase her hunger and thirst for Your word. Deliver her from the addiction you has been stuck in and help her lay it as a sacrifice before Your feet.

Fill her with Your Holy Spirit and lead her to a great church where she can plug in and begin to not only grow spiritually but also to find a ministry she can carry out in obedience to You. Use her, Lord. I pray for her husband as well. If has never received Your rescue plan help Sally shar it with Him. She is so precious Lord. Help her become all that You have planned for her to be and that one day she might be the lady on the other end of a conversation helping someone find their way to You.

Thank You for these favors. In Jesus' name I pray. Amen.

SALLY - 5:17:04 pm

Thank you so much!!!!

COACH - 5:17:49 pm -

You are very welcome. In one of your Bibles, be sure and write today's date so you will always remember the day you received God's rescue plan. Sending you a BIG grandma hug, Sally.

One last thing before I say goodbye. It is important for you, as an act of obedience to the Lord, to find a great church to plug into. Do you know of a great church or would you like me to give you a link to a church finder?
finder

SALLY - 5:19:46 pm

I have been doing research on churches for years. I just haven't found one that fits me yet.

COACH - 5:20:01 pm -

<https://churches.goingfarther.net/>

The churches in this link have been vetted. In other words their beliefs line up with the Bible

SALLY - 5:20:48 pm

Thank you for all of your help. I really do thank you. Bless you!!!

COACH - 5:21:25 pm -

Bless you too, Sally. You are my sister in Christ now and one day we will meet in heaven and I intend to give you a big Grandma hug!

Leaving you with one last link called Go Deeper. Please check it out

<https://www.groundwire.net/go-deeper>

Bye for now