

## Chat Example: Indian Sikh Considering Islam – Female

**MEERA** 03:00:39

I'm having anxiety issues and panic attacks from last 2 months.

**COACH** 03:00:45

Hi Meera

**MEERA** 03:00:50

Hey

**COACH** 03:01:17

What is creating all this anxiousness in you Meera?

**MEERA** 03:01:57

My best friend , the person i loved alot left me 2 months back. And I'm broken after that

**MEERA** 03:02:22

I'm trying to commit suicide but it's also not working.

**COACH** 03:02:43

Your friend left you, why?

**MEERA** 03:03:09

Idk the reason. That's the issue. And she was more than a friend to me i really loved her in my life.

**COACH** 03:03:42

I see, you must feel bad about this

**MEERA** 03:03:57

I'm going through huge mental trauma

**COACH** 03:04:24

What help does your family offer you?

**MEERA** 03:04:50

Nothing. They just say forget her but i cant

**COACH** 03:05:14

I see, what spiritual beliefs do you have?

**MEERA** 03:05:24

I believe in allah

**COACH** 03:06:01

When you pray what do you hear back from him?

**MEERA** 03:06:19

Nothing

**COACH** 03:06:48

I see, how about your Mullah?

**MEERA** 03:07:35

I never gone to them. As I'm a sikh girl but more than sikh religion i pray to allah because i love muslim religion nd i have huge knowledge of that

**COACH 03:08:47**

What kind of relationship did you have with your girl friend?

**MEERA** 03:09:15

It was physical emotional every kind.

**COACH** 03:09:49

Does Allah condone sexual perversion?

**MEERA** 03:09:55

No

**COACH** 03:10:25

Is it something Sikhs believe in?

**MEERA** 03:10:40

No

**COACH** 03:11:33

I see, what do you think Allah wants for your life?

**MEERA** 03:12:09

He wants that i should commit suicide and go to him

**COACH** 03:12:50

Really, is that in the Korhaan?

**MEERA** 03:13:52  
?

**MEERA** 03:13:58  
Nooo

**COACH** 03:14:42  
Your Holy book, What does it teach?

**MEERA** 03:15:21  
I dont read holy books

**COACH** 03:15:48  
You don't read the Qur'an?

**MEERA** 03:16:38  
No i just listen to it

**COACH** 03:17:06  
I see, what does it teach you about sexual perversion?

**MEERA** 03:17:36  
It's not allowed in any religion

**COACH** 03:18:12  
Could this be the source of your anxiety?

**COACH** 03:19:29  
You say you want to kill yourself so you can go to heaven. How do you know you will be allowed in?

**MEERA** 03:20:17  
Hey

**MEERA** 03:20:34  
I want to kill myself

**MEERA** 03:20:46  
Idk where ill go

**MEERA** 03:21:01  
But id want to live this shit life

**MEERA** 03:21:19

Jisko mohobaat kro vo todh deta h

**COACH** 03:22:07

But you told me you wanted to kill yourself so you can go to heaven. What if you end up living eternally tormented in hell by Satan?

**COACH** 03:22:31

Is that what you want for yourself?

**MEERA** 03:22:59

No

**COACH** 03:23:27

Eternity is a time without end. A decision you cannot come back from

**COACH** 03:23:51

Why do you follow a god who cannot help you?

**MEERA** 03:24:03

Then

**MEERA 03:24:13**

What should i do

**COACH** 03:24:49

Only Jesus can save you from your pain

**MEERA** 03:25:02

How

**COACH** 03:25:07

Do you know any Christians?

**COACH** 03:26:09

RU there Meera?

**MEERA** 03:26:11

Noo

**MEERA** 03:26:17

No

**MEERA** 03:26:24

I am herw

**MEERA** 03:26:36

Im having my lunch while taking to u

**COACH** 03:27:08

I see, you must be feeling better?

**MEERA** 03:28:38

Yes sort of. But bck of the mind things are continuously going on

**COACH** 03:29:55

Without Jesus the evil one will constantly cause you to question truth and doubt your faith.

**COACH** 03:30:12

Have you heard of the Gospel?

**COACH** 03:31:42

RU there?

**MEERA** 03:32:06

What should i do give me the solution

**COACH** 03:32:44

Are you willing to forsake all other gods?

**MEERA** 03:33:01

Yes

**COACH** 03:34:06

Then you must repent all of your sins, accept Jesus as your Lord and Savior

**COACH** 03:34:24

Do you own a Christian Bible?

**MEERA** 03:34:42

I hv heard about it

**COACH** 03:35:22

I can send you an app for a on-line Bible if you like

**MEERA** 03:36:36

Yes plz

**COACH** 03:36:43

<https://youversion.com/the-bible-app/>

**COACH** 03:38:16

Begin reading John's Gospel to learn about Jesus and salvation. If you like I can send you a short video presentation in Hindi explaining the gospel message.

**MEERA** 03:39:38

Thank you so much

**MEERA** 03:40:00

Send me the video link as well

**COACH** 03:40:08

<https://youtu.be/kIS0sxOqqzQ>

**COACH** 03:42:04

I would also like to send you a link that will text you a short message and video for the next seven days that will encourage you. Do you want the link?

**MEERA** 03:42:19

Thank you soo much

**MEERA** 03:42:33

Yes plz send that

**COACH** 03:42:35

<https://www.groundwire.net/go-deeper>

**COACH** 03:43:08

Before I go I would like to pray for you Meera, okay?

**COACH** 03:44:49

RU there Meera?

**MEERA** 03:44:58

Yes

**MEERA** 03:45:03

Plz prayf

**MEERA** 03:45:09

Pray\*

**MEERA** 03:45:11

For me

**COACH** 03:47:12

Lord Jesus in your name I ask you to bless Meera and protect her, smile upon her and be gracious to her, show her Your favor and give her Your peace.

**COACH** 03:47:31

In Jesus's name I pray!

**COACH** 03:47:47

God bless you Meera!